



Mental Health Crisis Response for Public Safety (CIT-Based)

SEHG-CIT-201 · Public-Safety · approx. 80 min seat time · English · 100% online, self-paced

Accreditation & industry alignments: none verified on record — institutional accreditor mapping pending ·
Auto-issued completion certificate with seat-time and sequential-navigation tracking suitable for
POST/IADLEST submission packages. Professional-development training, not clinical therapy. Subject-matter
review by SEHG required before publication; state POST acceptance is jurisdiction-specific and not implied.

COURSE DESCRIPTION

A self-paced, CIT-based mental health crisis response course for law enforcement, built on the Memphis Model of Crisis Intervention Team training. Covers recognizing signs and symptoms of mental illness and substance-use crisis, CIT de-escalation skills, suicide risk and intervention, legal and liability considerations, community resources and diversion (care over custody), and scenario-based application. Sequential navigation with seat-time tracking is enforced for POST/IADLEST-style accountability. Pre-assessment opens the course; the same instrument closes it as the certificate-gating post-assessment, with per-module knowledge checks.

WHO THIS COURSE IS FOR

Working professionals, team leads, and career-changers who want practical, job-ready Public-Safety skills — no prior coursework required. Teams and organizations can enroll groups for consistent, measurable upskilling.

WHAT'S INCLUDED

- approx. 80 min seat time
- 8 course modules
- 0 instructional videos — 0 minutes of total video runtime
- 80 knowledge-check questions, auto-graded
- This syllabus (PDF), downloadable for reference
- Official SEHG Certificate of Completion upon finishing the course
- Language editions: English

Delivered 100% online and self-paced in the SEHG learning platform. This section lists the materials currently delivered for this course.

MODULE MAP

- **Module 1 — The Memphis Model & Why CIT Exists**
 - Objective: Explain the 1988 Memphis origins of CIT and the community partnership behind it
 - Objective: Describe the 'care over custody' philosophy and why CIT is a community program
 - Objective: Identify the CIT role of patrol officers, dispatchers, and command staff
- **Module 2 — Recognizing Signs & Symptoms**
 - Objective: Describe crisis behaviors (psychosis, mania, depression, suicidality, substance use, developmental disabilities) in observable terms
 - Objective: Distinguish observing behavior from making a diagnosis
 - Objective: Recognize when a presentation signals a possible medical emergency
- **Module 3 — CIT De-escalation Skills**

- Objective: Apply core CIT de-escalation moves: slow down, one voice, distance and cover, non-threatening posture, reflective listening, offering choices
- Objective: Explain why time and space lower risk absent an immediate threat
- Objective: Recognize de-escalation as tactically sound, not soft
- **Module 4 — Suicide Risk & Intervention**
 - Objective: Ask directly about suicide and explain why direct asking does not create risk
 - Objective: Identify warning signs and apply means-safety within training and safety limits
 - Objective: Use 988 as a warm hand-off while staying with the person
- **Module 5 — Legal & Liability Considerations**
 - Objective: Describe emergency mental-health holds in jurisdiction-neutral terms
 - Objective: Explain how de-escalation relates to use-of-force liability
 - Objective: Document crisis calls in behavioral terms without clinical labels
- **Module 6 — Community Resources & Diversion**
 - Objective: Name key community resources: 988, mobile crisis/co-response, receiving centers, follow-up
 - Objective: Execute a warm hand-off rather than a cold referral
 - Objective: Recognize the dispatcher's role in routing calls to diversion
- **Module 7 — Special Situations**
 - Objective: Adapt CIT approach for veterans, youth, older adults/dementia, and autism/IDD
 - Objective: Give people extra time, space, and simple language as the situation requires
 - Objective: Treat excited-delirium-style presentations and overdoses as medical emergencies requiring EMS
- **Module 8 — Scenario Application & Officer Wellness**
 - Objective: Integrate CIT skills through a full crisis scenario walk-through
 - Objective: Review the CIT core curriculum cumulatively
 - Objective: Commit to concrete de-escalation, resource, and officer-wellness practices

COMPLETION & CERTIFICATION

Pass/Fail: passing requires a score of 70% or higher on the course knowledge checks.
The certificate of completion is non-credit. This course does not currently carry academic credit or CEUs.

OFFICIAL SEHG CERTIFICATE

Graduates receive the official Synergy University Education Certificate of Completion — issued by the Office of the Registrar with a unique credential ID, shareable to LinkedIn and verifiable online.

Every certificate carries a unique credential ID — verify at:

SynergyEducation.AI/verify

SUPPORT, ACCESS & POLICIES

- Instructor/facilitator: Synergy Faculty
- Support: CEO@SynergyEducation.AI
- Accessibility: ADA/WCAG 2.1 AA-first delivery; accommodations available on request.
- Academic integrity and refund policies: per SEHG student handbook.

Enroll Today

Tuition per learner (Essentials tier) — enroll online with the course code below.

\$0 · SEHG-CIT-201 · SynergyEducation.AI

Also available: instructor-led workshop kits for teams — in-person training agendas, playbooks, and facilitator materials built on this course. Contact CEO@SynergyEducation.AI.