



Mental Health Crisis Response for Fire & EMS (CIT-Based)

SEHG-CIT-202 · Public-Safety · approx. 80 min seat time · English · 100% online, self-paced

Accreditation & industry alignments: none verified on record — institutional accreditor mapping pending ·
Auto-issued completion certificate with seat-time and sequential-navigation tracking suitable for
continuing-education documentation. Professional-development training, not clinical therapy. Subject-matter
review by SEHG required before publication.

COURSE DESCRIPTION

A self-paced, CIT-based mental health crisis response course for fire service and EMS personnel, adapted from the Memphis Model of Crisis Intervention Team training for medical-first responders. Covers recognizing behavioral emergencies and excited delirium red flags, scene safety without escalation, CIT de-escalation adapted to patient care, suicide risk in the field, working the crisis system (988, mobile crisis, ED alternatives), and a dedicated peer-support and responder-wellness module. Sequential navigation with seat-time tracking is enforced. Pre-assessment opens the course; the same instrument closes it as the certificate-gating post-assessment, with per-module knowledge checks.

WHO THIS COURSE IS FOR

Working professionals, team leads, and career-changers who want practical, job-ready Public-Safety skills — no prior coursework required. Teams and organizations can enroll groups for consistent, measurable upskilling.

WHAT'S INCLUDED

- approx. 80 min seat time
- 8 course modules
- 0 instructional videos — 0 minutes of total video runtime
- 80 knowledge-check questions, auto-graded
- This syllabus (PDF), downloadable for reference
- Official SEHG Certificate of Completion upon finishing the course
- Language editions: English

Delivered 100% online and self-paced in the SEHG learning platform. This section lists the materials currently delivered for this course.

MODULE MAP

- **Module 1 — CIT for Medical-First Responders**
 - Objective: Explain how CIT's care-over-custody philosophy translates to Fire/EMS patient care
 - Objective: Describe the Memphis-Model origins of CIT and why Fire/EMS see behavioral emergencies first
 - Objective: Recognize a behavioral emergency as a medical emergency until proven otherwise
- **Module 2 — Recognizing Behavioral Emergencies**
 - Objective: Rule out fast-killing medical mimics (hypoglycemia, hypoxia, delirium) before a behavioral explanation
 - Objective: Describe observable presentations of psychosis, mania, depression/suicidality, and intoxication/withdrawal
 - Objective: Document observable behavior rather than diagnostic labels

- **Module 3 — Scene Safety Without Escalation**
 - Objective: Balance genuine scene safety against the risk of abandonment when staging
 - Objective: Use positioning, sensory-load reduction, and a single speaker to lower escalation
 - Objective: Coordinate a de-escalation approach with law enforcement
- **Module 4 — De-escalation in Patient Care**
 - Objective: Use consent, autonomy, and explaining-before-touching as clinical de-escalation tools
 - Objective: Apply reflective listening and validation on scene
 - Objective: Handle transport refusals with capacity assessment, information, and dignity
- **Module 5 — Suicide Risk in the Field**
 - Objective: Ask directly about suicidal thoughts and gather an honest field picture
 - Objective: Apply means-safety actions within your scope and protocol
 - Objective: Document risk and complete safe transport and crisis-line handoffs
- **Module 6 — Navigating the Crisis System**
 - Objective: Match patients to the right door: ED, 988, mobile crisis, or crisis-receiving facilities
 - Objective: Identify local crisis-system and community-paramedicine touchpoints
 - Objective: Perform warm handoffs instead of cold drop-offs
- **Module 7 — Special Populations in the Field**
 - Objective: Adapt approach for children, older adults with dementia, and autism/IDD sensory needs
 - Objective: Recognize trauma considerations for veterans and available crisis resources
 - Objective: Treat frequent utilizers with a fresh assessment and dignity every time
- **Module 8 — Peer Support & Responder Wellness**
 - Objective: Frame cumulative Fire/EMS stress as an occupational exposure, not a weakness
 - Objective: Use peer-support teams, debriefs, and shift-work recovery to sustain yourself
 - Objective: Make a concrete personal wellness commitment and ask for help early

COMPLETION & CERTIFICATION

Pass/Fail: passing requires a score of 70% or higher on the course knowledge checks.
The certificate of completion is non-credit. This course does not currently carry academic credit or CEUs.

OFFICIAL SEHG CERTIFICATE

Graduates receive the official Synergy University Education Certificate of Completion — issued by the Office of the Registrar with a unique credential ID, shareable to LinkedIn and verifiable online.

Every certificate carries a unique credential ID — verify at:

SynergyEducation.AI/verify

SUPPORT, ACCESS & POLICIES

- Instructor/facilitator: Synergy Faculty
- Support: CEO@SynergyEducation.AI
- Accessibility: ADA/WCAG 2.1 AA-first delivery; accommodations available on request.
- Academic integrity and refund policies: per SEHG student handbook.

Enroll Today

Tuition per learner (Essentials tier) — enroll online with the course code below.

\$0 · SEHG-CIT-202 · SynergyEducation.AI

Also available: instructor-led workshop kits for teams — in-person training agendas, playbooks, and facilitator materials built on this course. Contact CEO@SynergyEducation.AI.