



Adult Learning - Mental Skills

SEHG-PD-4581 · Business · approx. 11 min seat time · English · 100% online, self-paced

Accreditation & industry alignments: none verified on record — institutional accreditor mapping pending

COURSE DESCRIPTION

Bloom's Taxonomy is not just for elementary school teachers. The three domains of the taxonomy apply to adult education as well. In this manual, our focus will be on the cognitive domain. This is the domain of knowledge and intellect, and it is the main focus of most educators. It is important to remember that the cognitive domain complies with the other domains of Bloom's Taxonomy. With our Adult Learning: Mental Skills workshop, you will discover the specifics of how the cognitive domain increases intellectual capability.

Personal Development course: Adult Learning - Mental Skills.

WHO THIS COURSE IS FOR

Working professionals, team leads, and career-changers who want practical, job-ready Business skills — no prior coursework required. Teams and organizations can enroll groups for consistent, measurable upskilling.

SKILLS & LEARNING OUTCOMES

Upon completion, the student will be able to:

- Understand Bloom's Taxonomy
- Explain the cognitive domain
- Explore the two cognitive domains
- Explain types of knowledge
- Identify training in the cognitive domain

WHAT'S INCLUDED

- 1 clock hour(s) of self-paced online learning
- 13 course modules
- 11 instructional videos — 11 minutes of total video runtime
- This syllabus (PDF), downloadable for reference
- Official SEHG Certificate of Completion upon finishing the course
- Language editions: English

Delivered 100% online and self-paced in the SEHG learning platform. This section lists the materials currently delivered for this course.

MODULE MAP

- **Module 1 — Introduction**
 - Course Objectives
- **Module 2 — Bloom's Taxonomy**
 - Bloom's Theory
 - History
 - New Understanding

- Definition
- **Module 3 — Knowledge**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 4 — Comprehension**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 5 — Application**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 6 — Analysis**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 7 — Synthesis**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 8 — Evaluation**
 - Behavior
 - Actions
 - Examples
 - Implementation
- **Module 9 — Updated Version**
 - Remembering and Understanding
 - Applying and Analyzing
 - Evaluating
 - Creating
- **Module 10 — Types of Knowledge**
 - Factual
 - Conceptual
 - Procedural
 - Metacognitive
- **Module 11 — Training**
 - Examples
 - Problem Solving
 - Qualitative Assessments
 - Create Plans
- **Module 12 — Assessment**
- **Module 13 — wrapping up**
 - Course Summary

COMPLETION & CERTIFICATION

Completion-based: a certificate of completion is issued after all course videos have been viewed.
The certificate of completion is non-credit. This course does not currently carry academic credit or CEUs.

OFFICIAL SEHG CERTIFICATE

Graduates receive the official Synergy University Education Certificate of Completion — issued by the Office of the Registrar with a unique credential ID, shareable to LinkedIn and verifiable online.

Every certificate carries a unique credential ID — verify at:

SynergyEducation.AI/verify

SUPPORT, ACCESS & POLICIES

- Support: CEO@SynergyEducation.AI
- Accessibility: ADA/WCAG 2.1 AA-first delivery; accommodations available on request.
- Academic integrity and refund policies: per SEHG student handbook.

Enroll Today

Tuition per learner (Essentials tier) — enroll online with the course code below.

\$49 · SEHG-PD-4581 · SynergyEducation.AI

Also available: instructor-led workshop kits for teams — in-person training agendas, playbooks, and facilitator materials built on this course. Contact CEO@SynergyEducation.AI.