

Mobile Crisis Response in Action

Capstone: My STAND Commitment

The last 30 minutes of the workshop. You walk one real call — past or anticipated — through all five moves, out loud, to a partner, then commit to what changes. Your partner completes a Peer Feedback Form (file 05) while you run it.

THE CALL I'M RUNNING

Describe the call (no names, no identifying details)

THE FIVE MOVES, OUT LOUD

Fill each box AFTER you've said it out loud to your partner — writing first turns the exercise into an essay.

S — what I read and how I regulated

T — the tone choices I made

A — what I heard, what I assessed

N — the paths I weighed and the one I chose

D — how it closed, what was documented, who reconnected

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WHAT CHANGES

The one move I will run differently on my next shift — and the specific behavior that proves it

My 24–72 hour follow-up habit starts

Next shift

This week

After my supervisor conversation

What I need from my agency to make this stick

SIGN-OFF

Participant signature (typed)

Date

Facilitator / supervisor signature (typed)